I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN RESOLUTIONS

Resolution No.	Sponsor	Title	Date Intro	Date of Presentation	Date Adopted	Date Referred	Referred to	PUBLIC HEARING DATE	DATE AUTHORS REPORT FILED	NOTES
	Jesse A. Lujan	Relative to recognizing Custom Fitness on their Tenth-Year anniversary and congratulating them on the	5/16/23	5/26/23						
133-37 (COR)	Dwayne T. D. San Nicolas	opening of their second location, and further commending them for contributing to the health and wellness of	11:02 a.m.	10:00 a.m.						
	Amanda L. Shelton	the community of Guam.								
	Frank Blas, Jr.									
	Joe S. San Agustin									
	William A. Parkinson									
	Telo T. Taitague									
	Sabina Flores Perez									
	Roy A. B. Quinata									
	Thomas J. Fisher									
	Christopher M. Dueñas Joanne Brown									
	Therese M. Terlaje									
	Tina Rose Muña Barnes									
	Chris Barnett									

I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN 2023 (FIRST) Regular Session

Resolution No. 133-37 (COR)

Introduced by:

Jesse A. Lujan

Dwayne T.D. San Nicolas

Amanda L. Shelton

Frank Blas, Jr.

Joe S. San Agustin

William A. Parkinson

Telo T. Taitague

Sabina Flores Perez

Roy A.B. Quinata

Thomas J. Fisher

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Joanne Brown

Therese M. Terlaje

Tina Rose Muña Barnes

Chris Barnett

Relative to recognizing Custom Fitness on their Tenth-Year anniversary and congratulating them on the opening of their second location, and further commending them for contributing to the health and wellness of the community of Guam.

BE IT RESOLVED BY THE COMMITTEE ON RULES OF I

- 2 MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN:
- 3 WHEREAS, Custom Fitness was founded in 2012 and formally established in
- 4 2013 by Ryan Claros and Paul Claros, who later brought on Samantha Sablan and
- 5 Steven Sablan as co-owners; and

WHEREAS, the mission of Custom Fitness is to provide wellness solutions for the whole family. Custom Fitness strives to create a welcoming and inclusive environment for individuals of all ages and all fitness levels can achieve their health goals; and

WHEREAS, in 2013, Custom fitness opened their first location in the old Corn Building in Anigua and expanded to the Ambros Warehouse in 2016; and

WHEREAS, in 2023, Custom Fitness will be celebrating its tenth year of business in Guam, and opening their second location in Tamuning; and

WHEREAS, the expert physical therapy services and fitness programs at Custom Fitness empowers clients and gym members by enhancing their physical, mental, and emotional well-being; and

WHEREAS, spreading awareness and educating the community is a top priority of Custom Fitness, who are committed to educating their clients on the importance of exercise, proper nutrition, and self-care practices to ensure long-term health and wellness; and

WHEREAS, the core belief of Custom Fitness is that health and wellness are essential for the entire family, and they are dedicated to providing personalized care tailored to each member. The staff at Custom Fitness are experienced and compassionate professionals are who dedicated to helping their clients reach their potential, fulfill their goals, and live their healthiest lives; and

WHEREAS, establishments like Custom Fitness support and promote people with healthy mindsets and healthy lifestyles, bringing value to our island community by encouraging and improving the physical, mental, and emotional wellbeing of their members; now therefore, be it

RESOLVED, that the Committee on Rules of *I Mina'trentai Siette Na Liheslaturan Guåhan* does hereby, on behalf of the people of Guam, recognize Custom Fitness on their tenth-year anniversary and congratulate them on the opening of their

- second location, and further commend them for contributing to the health and wellness of the community of Guam; and be it further
- RESOLVED, that the Speaker and the Chairperson of the Committee on Rules certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of
- 5 the same be thereafter transmitted to Paul Claros, Custom Fitness Owner and Director
- 6 of Programming; and to Ryan Claros, Custom Fitness Owner, Physical Therapist, and
- 7 Director of Rehabilitation; and to Samantha Sablan, Custom Fitness Owner and
- 8 President of Operations; and to the Honorable Lourdes A. Leon Guerrero, I Maga'hågan
- 9 Guåhan.

DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF I MINA'TRENTAL SIETTE NA LIHESLATURAN GUÅHAN ON THE DAY OF MONTH 2023.

THERESE M. TERLAJE Speaker CHRIS BARNETT
Chairperson, Committee on Rules

AMANDA L. SHELTON Legislative Secretary